



Trinity Lutheran Church

One in Christ Newsletter

News In and Around

Trinity Lutheran Church, Hamilton ON

A Christian community, open to all, transforming lives through worship, learning and service.

Pastor's Message

by Pastor Daniela Mertz

There once was an old town with a mighty city wall to protect it. One day a stranger came to the gate and asked the guard "what kind of people live here? This looks like a great place, and I am thinking about moving here."

The guard thought for a moment and replied, "what are the people like in your town?" The stranger said, "they are not easy to get along with. They fight a lot, and they are greedy." "I see", said the guard. "They are like the people in this city." The stranger turned around and left.

A few days later a second man approached the guard and inquired about the town folks. The guard asked the man the same question about the people of his hometown. "Oh, the folks there are great. They are friendly and helpful and compassionate." The guard then replied, "People around here are just like that."

A second guard who had listened to both conversations turned to his colleague with a questioning look. The first guard said "People are always good and bad. They can be friendly and not so nice at other times. I don't think it's any different where those two men come from. It all depends on what you focus on and what you choose to see."

I like the story and its wisdom about how our attitude and our way to approach different situations shape the responses and outcomes. We can compare our lives and our future with a guarded city. When we enter it with confidence and a positive attitude, we will create different experiences than ones that are formed when we see only doom and gloom on the horizon.

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September 2023

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Trinity Milestones

Happy Birthday

To our Trinity members
turning 90 +.

Congratulations!

September 16

Beverley Trimborn

September 27

Shirley Subonovich



Happy 60th

Wedding Anniversary

September 21

**Gerhard and Hanna
Lindemann**

Pastor's message continued

By Pastor Daniela Mertz

We are not told why the second stranger in our story was more positive than the first one. I wonder if he was a person of faith, one who trusted that God would lead him to the right place? If he was, he would find a caring community just like God had provided all his life.

When we experience God's guidance and love and his presence in an ever changing world, what do we see? What do we focus on as we live in it?

I hope you can share my positive view as I see some good things coming our way over the next few weeks.

We have Rally Sunday to look forward to on September 10 as well as the distribution of the photo directory. All our groups and committees will resume in September and continue their good work. The feasibility study is in progress. Soon we will meet to decide about the renovations of our downtown site.

I look forward to seeing good things at Trinity unfold and I am grateful that we get to experience and enjoy these together.

Lutheran Ladies United (LLU)

Tuesday September 19 at 1:30 p.m.

232 Fennell Ave. E.

We hope everyone had a wonderful summer, travelling, relaxing, enjoying the outdoors, or spending time with family and friends.

We have invited Kathryn Bradshaw, Patient Services Manager from the Home and Community Care Support Services in Hamilton, to speak about accessing various services within the health care system. I am sure there are many questions you want answered. Please come and join us.

On June 27, 2023, the Renovations Committee, along with Invizij Architects, welcomed Stephen Colette from Faith and the Common Good to do an extensive Green Audit of the Hughson Street Church site. The Faith and the Common Good network is composed of people of faith, hope, and spirit. Despite their differences in theology and culture, they share a calling to protect our ecosystem and a passion for community service. Our purpose for this audit is to ensure that we are energy efficient, especially in the planning of our upcoming renovations.

Stephen's extensive inspection took close to four hours to complete. He provided a 59-page report that gave us feedback and recommendations that encompass a full range of topics from the building's mechanical systems to community outreach. To our credit, Stephen also noted that Trinity was already on board with many eco-friendly measures.

Naturally there will be important upgrades that will be incorporated as the Hughson building is renovated. Below are some of the highlights of the recommendations that were made, many of which were expected or already in the renovation plans.

- Weather-stripping should be upgraded/replaced or installed around all exterior doors and windows to prevent air leaks. Replace old calking where needed around doors and windows. Consider replacing unsound doors with Energy Star models.
- Stained glass windows will need the specialized care of a stained-glass glazier to preserve them. Consider replacing single paned windows, from the 1960's addition, with Energy Star double or triple glazed models.
- Repointing of heritage bricks must be done using the lime mortar that was compatible to the brick materials of that era. Using Portland Cement causes the spalling of the bricks. Fortunately, the exterior areas where this occurred are not too extensive.
- Check that all exhaust fan dampers (e.g., in kitchen, bathrooms) are in good working order.
- Improve insulation levels throughout the building. Improvement suggestions involve more complex issues because of the uniqueness of heritage brick construction. Renovation is the ideal time to investigate the best options for adding more appropriate types of insulation wherever possible and particularly the attic space above the Sanctuary.



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- Heating systems- With major renovations beginning, it will be necessary to reassess the heating and cooling systems. It is the perfect opportunity to explore the most efficient and cost-effective options available to us. As part of the whole heating and cooling system, improved ceiling fans in the sanctuary could have a positive effect on overall efficiency.
- LED Lighting- We have already made significant updates to our lighting. Any areas that have not been converted to LED lighting will be dealt with during renovations. One interesting recommendation is the installation of light sensors that automatically shut off the lights when the space is empty.
- Appliances, particularly in the kitchen, are already in the plan to be updated. New Energy Star appliances (e.g., hot water heaters, freezers etc.) will replace the old appliances.
- We have already replaced toilets with low flow units. Further renovations will complete the transitions.
- Continue and enhance recycling and composting procedures within the facility. Explore new practices such as composting paper towel products.

Stephen Colette's report was extremely informative, detailed, and extensive. He made many interesting and worthwhile comments. A final thought from his report is "When considering renovations, ask builders and designers for the healthiest building materials so that toxic building materials, which are standard for normal construction, do not impact the workers and the Church. Consider more natural building materials such as wood, plaster, and less manufactured products, where possible." Many thanks to Stephen for his comprehensive report and feedback. It will prove very useful as we progress through our renovation plans.

Special thanks to Bob Tiefenbach for his insight and support with this Green Audit summary. Many thanks for his leadership in helping to maintain the great condition of our heritage building that was built in 1864.



Let's Go Hiking!

Saturday September 16, 9:30 a.m.

We will meet at the Borer's Falls Dog Park parking lot located at 491 York Rd in Dundas, L9H 5Z9.

We will explore a side trail of the Bruce Trail in Dundas.

It is a easy 90 minutes walk. Beginner and experienced walkers are welcome to join.

We hope to see you there.



Rally Sunday

Sunday September 10 at 10:00 am

Rally Sunday is a service for all ages with lively music and celebration.

Please join us for hot dogs and ice cream after the service.



Handbell Group

Have you always wanted to learn to play an instrument but can't seem to find a way to make it work? Why not check out the handbell group this fall?

Come to the information meeting on September 17 after the worship service. Grab a coffee and a snack and head to the Luther room.

For more information contact Heide at heide.lang@gmail.com or 905-616-2575.

Trinity has hired Invizij Architects, located in Hamilton, to prepare a feasibility study as our first step in the renovations to our Hughson Street site. Emma Cubitt is the principal architect and recently agreed to a short interview for our newsletter.

Michael: Tell us a little about yourself Emma.

Emma: I grew up outside of Chicago and was part of the Lutheran Church. After graduating in Architecture from the University of Illinois I was a missionary sponsored by the Lutheran Church. Then I spent a year in the United Kingdom through Global Missions. There I met my husband Graeme, fell in love, and moved to Canada in 2004 where I went to grad school in Architecture. In 2008 I started working for Invizij, here in Hamilton.

Michael: Tell us a little about Invizij Architects and your experience in renovating heritage buildings.

Emma: We are a moderate sized firm that works on a variety of projects. My passion is heritage buildings, so I seek out clients who want to preserve such buildings. We call this the cultural memory of a place. Our clients often want to renovate their building for either a new use or to maintain its current use. As a firm we have worked on affordable housing projects, churches, recreation centers and the Hamilton courthouse. There are 20 people in the Invizij office. Our other focus is sustainable design. We try to incorporate these principals into our work. Two years ago, we renovated First Hamilton Christian Reformed Church in downtown Hamilton. They wanted their church to be more welcoming. This included a complete renovation of the sanctuary.

Michael: Can you let us a little more about what a feasibility study is and what it will provide Trinity.

Emma: Such a study is a great tool to be able to look at a problem that a group has. In your case, this would be looking at how to make the building more welcoming, accessible, and flexible for the community. It will include trying to find a better way to tie the different parts of the building together. The study will look at the current structure of the building and how to make changes based on the needs of the congregation and of the neighbourhood. We will be looking at ways to improve energy efficiency. We will bring together a group of experts to provide ideas. These ideas will be put in a report of potential changes and estimated costs to make them. It will include a visual design for any potential changes.

Continued on next page

Michael: What happens next after the Board and congregation agree on a renovation plan as presented in the feasibility study?

Emma: With this study you can hire a design firm (hopefully Invizij) to help you make the changes. If there is an addition or change to the building, the first step is to get a site plan amendment through the city. This will take about 4 months. Then the design work will take about another 3-6 months and then we can get a building permit.

Michael: Let's talk a little more about the time frame:

Emma: The feasibility study should be completed by this fall (2023) to be presented to the congregation. It could take up to a year to complete the site plan amendments, a detailed design, a building permit and then hire a contractor to begin construction.

Michael: Do you have any closing comments?

Emma: You have a wonderful building and location and Invizij is excited to help you make it more accessible to the community

Worship God with Music!

Trinity Choir starts back on Thursday September 14 at 7:00 pm.

Whether contemporary, traditional or global music is your favourite, there's always a way to musically enhance our worship. This is for singers and players of all instruments!

Contact Heide at heide.lang@gmail.com or 905-616-2575.

Choir practices are held at 104 Hughson St. N. on Thursday evenings at 7:00 p.m.



Social Ministry Committee

Our **Back-to-School Supply Collection** in support of students in our community is progressing well. There is a need for backpacks, lunch bags, water bottles, markers, crayons, pencils, pens, lined paper, and binders. Donations can be placed in the bin marked “School Supplies” in the Parish Hall at the Hughson location. Any financial donations will be used to purchase backpacks. The collection will continue until **September 10th**.



We continue to ask for support for **Community Fridges, Hamilton**.

Please consider donating to help address food insecurity. Non-perishable food can be left in the bin at Hughson Street. Perishable food, labeled for the Community Fridge, can be left in the refrigerator at Hughson Street.

Please check that the dates on all food items have not expired. Fresh produce from your gardens is also appreciated.

Financial donations towards Community Fridges or Back-to-School Supply Collection can be made:

- In your Sunday offering.
- An e-transfer to tlchamilton2020@gmail.com; or,
- Cheque made out to Trinity Lutheran Church and mailed to our Hughson St. location.

Please include a note indicating what program you wish to donate to.



The Little Library, is located at the corner of Hughson and Wilson Street. It is stocked regularly with donated used books (English) for adults, youth and children. Library Donations of used books are appreciated to keep our library stocked. Please bring them to our Hughson St. location.

Trinity members and the community are welcome to enjoy.



Trinity Lutheran Church Pastors

Pastor Daniela Mertz

Pastor Thomas Mertz

ONE IN CHRIST is published ten times per year under the auspices of Trinity Lutheran Church. The Editorial Board is comprised of members of the congregation and the pastors. Submissions will be edited for clarity, positivity, adherence to our mission, constitution and the love of Christ as revealed in the Holy Scriptures.

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Please email all newsletter submissions to Kathy Davidson before the 20th of each month.

Trinity Good Food Box Program

Trinity's Good Food Box Program is starting on **September 14th**. The program runs from September to June on the second Thursday each month.

For \$22 you will receive 11 to 13 different fruits and vegetables. Subsidies are available. If possible, please bring your own bags.

The Deadline to order is **September 6th**.

To order a good food box, contact Pastor Thomas at 289-680-7387 or email tfrm58@gmail.com.

You can also access the [online Good Food Box form](#) to order online.

Locations and Pick Up Times for September

September 14

232 Fennell Ave. E.

Pick up times: 11 am - 5 pm

September 14

104 Hughson St. N.

Pick up times: 12 pm—2:30 pm



Trinity Lutheran Church - Contact Information

104 Hughson St N.

Hamilton, ON

L8R 1G6

905-974-9878

tlchamilton2020@gmail.com

www.trinity-hamilton.com

September Events Calendar

For Zoom links, please contact the office at 905-974-9878 during the week.

Sunday Sept. 3	Worship Service -(in-person & Zoom) 10:00 a.m., 104 Hughson St. N. German Worship - 11:15 a.m. at 104 Hughson St. N
Tuesday Sept. 5	Newsletter Committee Meeting - 7:00 p.m. via Zoom.
Wednesday Sept. 6	Sunday School Committee Meeting - 7:00 p.m. 104 Hughson St. N.
Thursday Sept. 7	Christian Education Committee - 7:00 p.m. via Zoom
Sunday Sept. 10	Rally Sunday Service -(in-person & Zoom) 10:00 a.m., 104 Hughson St. N. Sunday School -10:00 a.m., 104 Hughson St. N.
Wednesday Sept. 13	Mid Week Worship - 11:30 a.m., 1907 King Street E.
Thursday Sept. 14	Choir - 7:00 -8:30 p.m., 104 Hughson St. N. Contact Heide Lang for more information heide.lang@gmail.com or 905-616-2575. Good Food Box - 11:00 a.m.-5:00 p.m., 232 Fennell Ave. E. Good Food Box -12:00 - 2:30 p.m., 104 Hughson St. N.
Saturday Sept. 16	Let's Go Hiking — 9:30 a.m. at Borer's Falls. See page 5 for details. German Afternoon — 2:00 p.m. at 104 Hughson St. N. Presentation on Albert Schweitzer.
Sunday Sept. 17	Worship Service - (in-person & Zoom) 10 a.m., 104 Hughson St. N. Sunday School -10:00 a.m., 104 Hughson St. N. Confirmation Class - Following Sunday worship at 104 Hughson St. N.
Tuesday Sept. 19	Lutheran Ladies United - 1:30 p.m. 232 Fennell Ave. E.
Wednesday Sept. 20	Mid Week Worship - 11:30 a.m., 1907 King Street E.
Thursday Sept. 21	Choir - 7:00 -8:30 p.m., 104 Hughson St. N. Contact Heide Lang for more information heide.lang@gmail.com or 905-616-2575.

September Events Calendar continued

- Thursday Sept. 21** **Choir**- 7:00 -8:30 p.m., 104 Hughson St. N. Contact Heide Lang for more information heide.lang@gmail.com or 905-616-2575.
- Sunday Sept. 24** **Worship Service** - (in-person & Zoom) 10 a.m., 104 Hughson St. N.
Sunday School -10:00 a.m., 104 Hughson St. N.
Confirmation Class- Following Sunday worship at 104 Hughson St. N.
- Monday Sept. 25** **Trinity Board of Directors**- 7:00 p.m. Location TBD.
- Tuesday Sept. 26** **Creation Care Group**– 7:00 p.m. at 104 Hughson St. N.
- Wednesday Sept. 27** **Mid Week Worship** - 11:30 a.m., 1907 King Street E.
- Thursday Sept. 28** **Choir**- 7:00 -8:30 p.m., 104 Hughson St. N. Contact Heide Lang for more information heide.lang@gmail.com or 905-616-2575.
- Saturday Sept. 30** **Bibles & Bagels** (in-person & Zoom) 9:00 a.m., 104 Hughson St. N.
Men's Breakfast -9:00 a.m. 104 Hughson St. N. Guest Speaker: Justin Koevoets on Ethical Questions arising from the use of Artificial Intelligence.
Social Ministry Committee Meeting-7:00 p.m. via Zoom.

